

**BROOKLETTS PLACE – TALBOT COUNTY SENIOR CENTER**

**September 2015**

**Lunch menus include 8oz 1% Milk & 4oz Juice**

**Menus shown for Friday & Saturday are for Meals-On-Wheels Clients**

**NOTE: Lunch is served at Brookletts Place at Noon, Monday through Thursday ONLY**

<b>Week 1 Monday 8/31</b>	<b>Tuesday 9/01</b>	<b>Wednesday 9/02</b>	<b>Thursday 9/03</b>	<b>Friday 9/04 MOW ONLY</b>	<b>Saturday 9/05 MOW ONLY</b>
Oven Baked Chicken Strips Salad (3-4)Lettuce (1c.) Cheese, Tomato Wedge (3) Dressing Peaches W. W.Crackers (6) Juice/Milk	Hot Dog on Bun Baked Beans Glazed Carrots Fresh Melon Juice/Milk	Baked Chicken Breast w/ Gravy Herb Stuffing Mixed Vegetables Fruit Cup W.W. Bread w/Marg. Juice/Milk	Tuna Salad Cold Platter 4 Bean Salad Potato Salad Fruit Jello W.W. Crackers (6) Juice/Milk	Beef Liver & Onions Mashed Potatoes Vegetable Medley Mixed Fruit W.W. Bread w/ Marg. Juice/Milk	Chicken Pot Pie w/ Vegetables Mashed Sweet Potatoes Ambrosia Salad W.W. Bread w/Marg. Juice/Milk
<b>Week 2 Monday 9/07 MOW ONLY</b>	<b>Tuesday 9/08</b>	<b>Wednesday 9/09</b>	<b>Thursday 9/10</b>	<b>Friday 9/11 MOW ONLY</b>	<b>Saturday 9/12 MOW ONLY</b>
Cheeseburger on Bun Pinto Beans Honey Baked Carrots Fresh Apple Juice/Milk <b>**Center is Closed**</b>	Chicken Caesar Salad, Egg, Parmesan Cheese w/Dressing Lettuce Pasta & Bean Salad Fruit Cocktail Bread Sticks Juice/Milk	Baked Rock Fish Scallop Potatoes Stewed Tomatoes Applesauce Corn Bread w/ Marg. Juice/Milk	<b>Gene Edwards Review</b> Hot Turkey & Gravy Steamed White Rice Green Peas Sliced Peaches W.W. Bread w/ Marg. Juice/Milk	Roast Beef & Swiss Sandwich on W.W. Bread Cucumber & Onion Salad Macaroni Salad Apple & Raisins Juice/Milk	Beef-O-Roni Sm. Side Salad w/ Dressing Garlic Toast Banana Juice/Milk
<b>Week 3 Monday 9/14</b>	<b>Tuesday 9/15</b>	<b>Wednesday 9/16</b>	<b>Thursday 9/17</b>	<b>Friday 9/18 MOW ONLY</b>	<b>Saturday 9/19 MOW ONLY</b>
Fish Portion on Bun Baked Beans Cole Slaw Fresh Plum Juice/Milk	Oven Fried Chicken Potatoes Au Gratin Steamed Broccoli Apple Pie W.W. Bread w/ Marg. Juice/Milk	Meatballs w/ Sauce on Small Sub Roll (4) Parmesan Cheese Potato Rounds Carrot & Peas Mix Fresh Oranges Juice/Milk	Stewed Chicken w/ Mixed Vegetables Baked Sweet Potatoes Citrus Fruit Buttermilk Biscuit w/ Marg. Juice/Milk	Veal Steak w/ Gravy Macaroni & Cheese Collard Greens Jello Cup W.W. Bread w/ Marg. Juice/Milk	Egg Salad & Lettuce Sandwich on W.W. Bread Broccoli & Cauliflower Salad Diced Pears Juice/Milk
<b>Week 4 Monday 9/21</b>	<b>Tuesday 9/22</b>	<b>Wednesday 9/23</b>	<b>Thursday 9/24</b>	<b>Friday 9/25 MOW ONLY</b>	<b>Saturday 9/26 MOW ONLY</b>
Spaghetti & Meatballs (4) Green Beans Fuit Cocktail Garlic Bread Juice/Milk	<b>Shelley Abbott</b> BBQ Pork Riblett on Bun Oven Baked French Fries Cole Slaw Peaches Juice/Milk	Salisbury Steak Mashed Potatoes Steamed Butter Carrots Diced Pears W.W. Roll w/ Marg. Juice/Milk	<b>The Jones Boys</b> Baked Tilapia Rice Pilaf Buttered Spinach Peaches & Oatmeal Cookies W.W. Roll w/ Marg. Juice/Milk	Chicken Parmesan w/ Fettuccine Noodles Green Beans Pineapple Chunks W.W. Bread w/ Marg. Juice/Milk	Vegetable & Bean Soup Turkey Sandwich on W.W. Roll Manadarin Oranges Juice/Milk

<b>Week 1 Monday 9/28</b>	<b>Tuesday 9/29</b>	<b>Wednesday 9/30</b>	<b>Thursday 10/01</b>	<b>Friday 10/02 MOW ONLY</b>	<b>Saturday 10/03 MOW ONLY</b>
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***Suggested contribution for lunch is \$2.75 for those 60 and older. Those under 60 are required to pay \$5.50.***